

WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
	NOODLE BAR	NOODLE BAR	
MON	SATAY CHICKEN PHO  	SPICED VEGETARIAN PHO  	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad  Roasted Indian Chickpea Salad 
	BURGER BAR	BURGER BAR	
TUE	BEEF BURGER  Served with Baked Garlic and Herb Wedges and Corn on the Cob	BEEROOT AND FETA BURGER   Served with Baked Garlic and Herb Wedges and Corn on the Cob	
	HOT DELI	HOT DELI	
WED	SPICY VIETNAMESE CHICKEN BANH MI BUN  	STICKY BBQ QUORN PITTA 	
	STREET	STREET	SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette CLT Baguette 
THURS	CHICKEN KATSU   Served with Wholegrain Rice and Nut Free Satay Sweetcorn	MACARONI CHEESE 	
	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
FRI	SOUTHERN FRIED CHICKEN GOUJONS  with Chips, Baked Beans and Peas	VEGGIE BURGER  Served with Chips, Baked Beans and Peas	
			WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap 

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
	SPICE IS NICE	SPICE IS NICE	
MON	CHICKEN TIKKA RICE BOX 	SPINACH AND CHICKPEA DAHL   Served with Yellow Rice	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza
	TEX MEX	TEX MEX	Jacket Potato and Toppings
TUE	MEXICAN BEEF ENCHILADA  Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA   Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	SALADS: Tuna and Sweetcorn Pasta Salad  Roasted Indian Chickpea Salad  
	HOT DELI	HOT DELI	SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette CLT Baguette 
WED	BEEF BARBACOA ENCHILADA 	PERSIAN VEGETABLE PITTA  	
	PAN-ASIAN	PAN-ASIAN	
THURS	CHICKEN KOTTU ROTI BOX 	SOYA YAKISOBA  	
	FRIDAY FAVOURITES	FRIDAY FAVOURITES	WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap 
FRI	BATTERED FISH with Chips, Baked Beans and Peas	CHEESE AND ONION SLICE  Served with Chips, Baked Beans and Peas	

 Vegetarian

 Vegan

 Oily Fish

 Wholegrain

 Nutritionist's Choice

 Halal

Our menu is subject to change.

WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
	FEASTIVAL	FEASTIVAL	
MON	JERK CHICKEN BURGER 🌱 Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER 🌱🌱 Served with Baked Spiced Wedges and Mixed Salad	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad 🌱 Roasted Indian Chickpea Salad 🌱🌱
	PAN-ASIAN	PAN-ASIAN	
TUE	MANDARIN CHICKEN 🌱🌱 Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES 🌱🌱🌱 Served with Pineapple Rice and Nut Free Satay Sweetcorn	
	HOT DELI	HOT DELI	
WED	PERSIAN CHICKEN KEBAB 🌱 Served with Herby Diced Potatoes and Mixed Salad	STICKY BBQ PITTA 🌱 Served with Herby Diced Potatoes and Mixed Salad	SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌱 Chicken Salad Sandwich 🌱 Cheese and Pickle Baguette 🌱 Tuna Mayo Baguette CLT Baguette 🌱
	STREET	STREET	
THURS	FIRECRACKER BEEF 🌱 Served with Wholegrain Rice	TERIYAKI VEGETARIAN WRAP 🌱🌱🌱 Served with Wholegrain Rice	WRAPS: Pepper and Houmous Wrap 🌱 BBQ Chicken Wrap 🌱 Chicken Tikka Wrap 🌱
	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
FRI	SOUTHERN FRIED CHICKEN GOUJONS 🌱 with Chips, Baked Beans and Peas	VEGETABLE GOUJONS 🌱 Served with Chips, Baked Beans and Peas	

🌱 Vegetarian

🌱 Vegan

🐟 Oily fish

🌾 Wholegrain

👩 Nutritionist's Choice

🌱 Halal

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